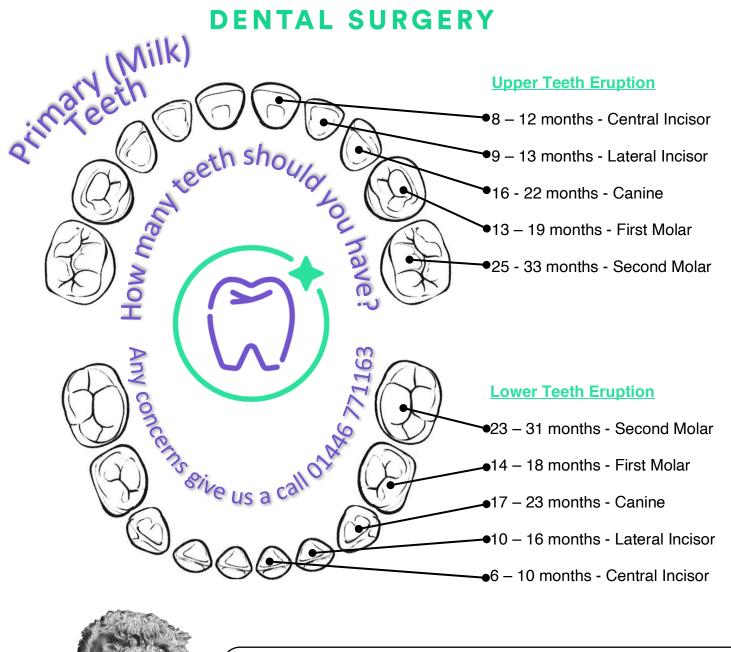
Y Bont Faen

DENTAL SURGERY





- 1) Brush your teeth for 2 minutes twice a day with fluoride toothpaste,
- 2) Limit sugar to meal times,
- 3) Try to only drink Water and Milk,
- 4) Attend your Dentist regularly to have your teeth checked.

